

GIRLSPACE VOLUNTEER INFO PACK



INTERESTED IN VOLUNTEERING WITH GIRLSPACE?

GirlSpace is a girl's leadership and empowerment program for those who identify as girls and are between the ages of 8-17 years old.

We cover a wide range of topics, some of them include: body image, self-esteem, gender based violence, internet safety, sexting, healthy relationship, critical media literacy skills, and many more!

Sessions are two hours and include: a light snack, a group "check-in", and a lesson or activity. Sometimes the activity is curriculum based, and sometimes it is recreational (pajama/movie days, crafts, games, outings).

All groups volunteer in the community throughout the GirlSpace year periodically—very often at the SPCA shelter.

Volunteer Q&A

What will I do as a volunteer?

Volunteers help with:

- Role modeling & sharing your experiences and wisdom with younger girls
- Volunteers commit to one group for the whole year, though at times there are opportunities to volunteer with the other groups (as needed and optional)
- Listen to the girls. Relationship building.
- Assist with supervision of the group
- Behaviour intervention with the girls, as needed
- 1 to 1 assistance with the girls as needed (crafts, reading/writing)
- Clean-up after group (dishes, floors, tidy)
- Assist with outings (this is often after 6 pm, but outings are only about every 1.5 months or so)
- 10-20 minute debrief after each GirlSpace session
- Optional: answer anonymous questions from the "Confidential Message Box" which then go in the "Answer Book"

How Do I Become a Volunteer?

Potential New Volunteers:

- Email Ashley at Ashley@ywcanwt.ca to indicate your interest in volunteering with GirlSpace. Please note, all groups run from 4-6 pm, and we ask that you be available for the whole 2 hours. Many of our volunteers work out special accommodations with their employers to accommodate this time frame (thanks to those humans!)
- You will need to provide: resume, completed criminal records check with the vulnerable sector included
- A volunteer interview will take place between the potential volunteer and Ashley, Girls Programming Coordinator. This will last approx. 45 minutes.

I want to volunteer but I am not available for the two hour, 4-6 PM time frame. What can I do?

Ashley keeps a list of “*Call-In Volunteers*”. This is a list of women who would like to volunteer in GirlSpace, but cannot commit to the time frame for the year.

GirlSpace community outings are often after 6 pm, and we often need additional adult help (i.e. volunteering at the SPCA).

Call-in volunteers are very valuable as well (and get to do lots of fun stuff with the girls). There is a lot less relationship building, and you may only get called-in a few times over the year. But call-in volunteers really help make the program run smoothly too!

Returning volunteers:

Just email Ashley and let her know you would like to volunteer again! A recent criminal records check may be required. **NOTE: All returning volunteers are due to update their criminal records checks this year!**

Let Ashley know which group you would prefer to volunteer with. Ashley will confirm with you.

For more info:

Ashley@ywcanwt.ca

<http://www.ywcanwt.ca/children-and-youth/girlspace>