



YWCA NWT

Dudes Club

Sept '17-June '18

Dudes Club is a **FREE** program by YWCA NWT. This program focuses on creating strong and resilient young leaders by creating a safe place for those who identify boys to explore their passions and gifts.

Dudes Club meets once a week for fun activities related to topics such as:

- Healthy Relationships
- Media Literacy Skills
- Internet Safety
- Healthy Habits
- Bullying
- Ending Inequality
- Body Changes/puberty
- Action-Figure and Hero Culture
- What It Is Like to Be A Boy In Other Parts Of The World

Boys will be physically active and have a safe place to ask questions. The boys are given a light snack as we delve into that week's topic. Activities are age-appropriate and modified according to the needs of the child. We believe that boys have a right to know their bodies, and any questions the boys ask will be answered in a thoughtful and straightforward manner.

Dudes Club meets once a week for two hours after school. It is not a drop-in program and full attendance is expected. Although Dudes Club understands the participants may attend other activities or sports, if there are a large number of Dudes Club absences, the child may lose their spot in the program to a waitlisted child.

If you would like your son to participate in Dudes Club, please complete the registration form. If you have any questions, please contact Amanda Kanbari, PCR Coordinator at 920-2777 ext. 313 or email childrecovery@ywcanwt.ca.

Sincerely,

Amanda Kanbari
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