

# April 2018



Wkly Theme	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Body Image and the media</b>	2 STAT HOLIDAY YWCA CLOSED	3 INT-A 4-6	4 INT-B 4-6  Yk Cares with <b>Lexie &amp; Presley</b> 7:30-8:30 at Coop	5 SR 4-6	6	7
<b>Women in STEM Fields - Presentations</b> (Science, Technology, Engineering and Math)	9 JR 4-6  "Body Image and the Media" (not STEM)	10 INT-A 4-6  Stem guests	11 INT-B 4-6  Stem guests	12 SR 4-6  Stem guests	13  <b>Senior trip to the SPCA 4-6:30</b>	14
<b>Sexual health</b>  Guest all week: Public Health Nurse	16 JR 4-6  Puberty	17 INT-A 4-6	18 INT-B 4-6  *Ashley away, Vivian in charge!	19 SR 4-6  *Ashley away, Amanda in charge!	20	21
<b>Body image and self-esteem &amp; STEM</b>	23 JR 4-6 Body Image	24 INT-A 4-6 Body image & STEM guests	25 INT-B 4-6 Body image & STEM guests	26 SR 4-6 Body image & STEM guests	27	28
<b>No Groups this week</b>	30 <b>No GirlSpace</b>					

### "YK Cares":

Sign up to volunteer for 1 hour, with 1 other GirlSpace participant, and Ashley.

You will be packing food hampers for local Yellowknifers.

\*Can be included as CALM hours.

**730-830 PM, at Co-op.**

**Consent form required.**

**1<sup>st</sup> come, 1<sup>st</sup> serve for sign ups.**

### STEM guests

We will have female STEM guests (Science, technology, engineering and math fields) throughout the month.

These fields are dominated by men. We are going to learn from women in these fields what it's like, and how young women can get more involved. Goal one: dream big!

### Senior girls SPCA trip:

**-consent form required**

**-waiver form**

### Sexual Health

A public health nurse will visit each group. These are always fun and interesting sessions.

The junior group will focus on hygiene and puberty.

### May:

**Groups end in May.**

**The annual senior GirlSpace camping trip will take place in late May or early June.**

**Fri., May 25<sup>th</sup> Child and Youth Services Open House. Come and see what we have been up to all year!**

**More in May: gender lessons, outings and final celebrations**

### Summer

**programming will begin in late June.**